

The Ricky Cox 2010 Trinity 5000

It's a Summer tradition. Runners and race walkers from all over the Metroplex gather Thursday evenings near downtown Fort Worth to run and walk 5000 meters (5K or 3.1 miles). Whether you are a competitive runner, mid-pack runner, jogger or walker, everyone has a good time.

See old friends and make new ones. It's the Summer place for active people! And way cooler than television reruns. It's also a family event with a free 1K Kid's Fun Run.

After the race, adults can meet informally under the trees for the infamous Arbor Society (formerly the Bridge Club). We don't plant trees or collect leaves, but socialize and exaggerate our running abilities. Bring your lawn chair and cooler.

Features:

- Fast, flat, out-and-back course
- Water stop at mile one and two
- Free Kids 1K Fun Run
- Soft drinks and fruit after the race
- Certified 5K course (TX97051ETM)
- Awards three deep every race
- Series awards the last race
- Free parking
- Hear Ricky's famous "It's Hot" speech

www.rickycoxfinishline.com



7:15pm

Kids Fun Run 1K



7:30pm

Open 5K Run / Walk



7:30pm

Corporate 5K Run

Trinity 5000 Series
3028 Gardenia Drive
Fort Worth, TX 76119



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TRINITY PARK FORT WORTH, TX
Hottest 5K Run in Texas

2010 Summer Race Series

5K Run / Walk and
1K Kid's Fun Run
Corporate 5K Challenge

June - August
Thursday Evenings
7:30 p.m.
Trinity Trail Park
Fort Worth, Texas

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